

APPLICATION
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TITLE: METHODS OF REDUCING BETA-AMYLOID
POLYPEPTIDES

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Methods of Reducing β -Amyloid Polypeptides

TECHNICAL FIELD

This invention relates to β -amyloid ($A\beta$) polypeptides, and more particularly to methods of reducing $A\beta$ polypeptides using an extract, or active fraction thereof, of *Cimicifuga*.

BACKGROUND

Patients with Alzheimer's disease (AD) are typically presented to a clinician by a relative who has observed a decline in memory with or without a change in other cognitive abilities such as declines in executive function, difficulty in word finding or visuo-spatial impairment such as an inability to draw complex geometric structures or becoming lost in familiar places. Neuropathological analysis of brains from patients with AD has revealed extensive neuronal and synaptic loss in select brain regions, neurofibrillary tangles, and the deposition of β -amyloid ($A\beta$) polypeptides in the form of senile plaques throughout the hippocampus and neocortex.

$A\beta$ polypeptides are produced from the amyloid precursor protein (APP) through the combined proteolytic actions of β - and γ -secretases and are then secreted into the extracellular milieu. Biochemical and immunocytochemical studies have revealed that the $A\beta$ polypeptides deposited in brains from patients with AD have substantial amino- and carboxyl-terminal heterogeneity and can contain from 39 to 43 amino acid residues, with β -amyloid 1-40 ($A\beta$ 40) and 1-42 ($A\beta$ 42) being the most predominant. By comparing signals obtained using antibodies directed at the amino terminus of $A\beta$ with those obtained by capturing the peptide from an internal epitope, it was found that virtually all $A\beta$ 42 in AD brain is amino-terminally modified and/or truncated.

SUMMARY

The invention features methods of reducing the level of an $A\beta$ polypeptide using a *Cimicifuga* extract. The invention also features methods of producing an active fraction from an extract of *Cimicifuga*. An active fraction is one that is able to reduce the level of an $A\beta$ polypeptide in or secreted from a cell (*in vitro* or *in vivo*). The invention further features a

composition containing an active fraction of a *Cimicifuga* extract and an article of manufacture containing such a composition.

In one aspect, the invention provides methods of reducing the level of a β -amyloid (A β) polypeptide in or secreted from a cell. The methods include contacting the cell with an amount of a *Cimicifuga* extract or of an active fraction thereof in an amount that is effective for reducing the level of the A β polypeptide and monitoring the level of the A β polypeptide in or secreted from the cell. Representative cells include H4 cells, M17 cells, 293 cells, Chinese hamster ovary (CHO) cells, primary fibroblasts, C6, primary neuronal, primary mixed brain cultures, Daoy, SK-N-SH, SK-N-AS and SK-N-FI.

In another aspect, the invention provides methods for reducing the level of an A β polypeptide in a mammal, including administering an amount of a *Cimicifuga* extract or an active fraction thereof to the mammal in an amount that is effective for reducing the level of the A β polypeptide and monitoring the level of the A β polypeptide in the mammal.

In another aspect of the invention, there are provided methods of treating a mammal having AD or at risk to develop AD. The methods include administering an amount of a *Cimicifuga* extract or an active fraction thereof to the mammal in an amount that is effective for treating or preventing AD. Generally, the extract or active fraction thereof is administered to a mammal orally, intravenously, intracranially, intracerebrally, subcutaneously, intramuscularly, intranasally or intraperitoneally. A representative mammal is a rodent, for example, a mouse. In one embodiment, the mouse expresses an APP carrying a Swedish mutation. An example of such a mouse is a Tg2576 mouse.

The *Cimicifuga* extract or active fraction thereof can be from *C. racemosa*, and further can be obtained from the root or rhizome of a *C. racemosa* plant. The *C. racemosa* extract is generally an ethanolic or an aqueous extract. An active component within an active fraction can be soluble in a solvent such as methylene dichloride, ethyl acetate and *n*-butanol, and active components soluble in such solvents are typically lipophilic. An active component within an active fraction that is capable of reducing the level of an A β polypeptide can have a molecular weight of less than 10 kD.

A reduction in the level of an A β polypeptide can be due to decreased production of the A β polypeptide or increased catabolism of the A β polypeptide. In an embodiment of the invention, the level of the A β polypeptide is reduced by at least 10%, at least 25%, at least

50%, or at least 80% compared to the level of the A β polypeptide in or secreted from a corresponding cell not contacted with the extract or active fraction thereof. A reduction in the level of an A β polypeptide can be a reduction in the level of A β 40 or A β 42. Further, the reduction in the level of an A β polypeptide can be a preferential reduction in the level of A β 42. In addition, the extract or active fraction thereof typically should have no significant effect on the level of one or more of APP, CTF α , CTF β , or sAPP α .

In yet another aspect of the invention, there are provided methods of producing an active fraction of a *Cimicifuga* extract that reduces the level of an A β polypeptide upon contact with a cell. The methods include obtaining an extract of *Cimicifuga* plant material, size-fractionating the extract through a filter to obtain an active fraction, and testing the active fraction to confirm that the active fraction reduces the level of an A β polypeptide. Generally, an active fraction contains active components having a molecular weight of less than about 10 kD.

The invention also provides methods of producing an active fraction of a *Cimicifuga* extract that reduces the level of an A β polypeptide upon contact with a cell, including obtaining an extract of *Cimicifuga* plant material, extracting the *Cimicifuga* extract with hexane (thereby producing a hexane-soluble fraction and a hexane-insoluble fraction) and testing the hexane-insoluble fraction to confirm that the hexane-insoluble fraction reduces the level of the A β polypeptide. A representative hexane is *n*-hexane. Such methods can additionally include extracting the hexane-insoluble fraction with a dichloroalkane (producing a dichloroalkane-soluble fraction and a dichloroalkane-insoluble fraction) where the dichloroalkane-soluble fraction typically reduces the level of the A β polypeptide upon contact with a cell. A representative dichloroalkane is methylene dichloride. Methods of producing an active fraction also can include extracting the dichloroalkane-soluble fraction with an alkylacetate (producing an alkylacetate-soluble fraction and an alkylacetate-insoluble fraction) where the alkylacetate-soluble fraction typically reduces the level of an A β polypeptide. A representative alkylacetate is ethyl acetate. Further, methods of the invention can include extracting the alkylacetate-soluble fraction with an alcohol (producing an alcohol-soluble fraction and an alcohol-insoluble fraction) wherein the alcohol-soluble fraction typically reduces the level of the A β polypeptide. A representative alcohol is *n*-

butanol. The product of any of the above-described extractions or fractionations can be further concentrated, for example, by lyophilizing.

In another aspect of the invention, there is provided a composition containing an active fraction of a *Cimicifuga* extract and a pharmaceutically acceptable carrier. Such an active fraction can reduce the level of an A β polypeptide upon contact with a cell producing the A β polypeptide.

In still yet another aspect of the invention, there is provided an article of manufacture containing an active fraction of a *Cimicifuga* extract, a pharmaceutically acceptable carrier, and packaging material. Generally, packaging material contains a label or package insert indicating that the composition is effective for reducing the level of an A β polypeptide.

Unless otherwise defined, all technical and scientific terms used herein have the same meaning as commonly understood by one of ordinary skill in the art to which this invention belongs. Although methods and materials similar or equivalent to those described herein can be used in the practice or testing of the present invention, suitable methods and materials are described below. In addition, the materials, methods, and examples are illustrative only and not intended to be limiting. All publications, patent applications, patents, and other references mentioned herein are incorporated by reference in their entirety. In case of conflict, the present specification, including definitions, will control.

The details of one or more embodiments of the invention are set forth in the accompanying drawings and the description below. Other features, objects, and advantages of the invention will be apparent from the drawings and detailed description, and from the claims.

DETAILED DESCRIPTION

The invention provides methods of reducing the level of an A β polypeptide in or secreted from a cell. Methods of the invention include contacting a cell with an extract of *Cimicifuga* or an active fraction thereof in an effective amount such that A β is reduced, and subsequently monitoring the level of A β .

Traditional Chinese medicine has long employed *Cimicifuga* species for the treatment of menstrual cramps, fatigue, anxiety, rheumatoid arthritis, alleviation of fever, pain,

inflammation, sedation, swelling of joints, respiratory congestion from colds, and high blood pressure. More than two centuries ago, Native Americans were using the root of *Cimicifuga racemosa*, also known as black cohosh, black snakeroot, bugbane, bugwort, and squawroot, to relieve many of the symptoms associated with menstruation and menopause, including
 5 cramps, hot flashes, headaches, irritability, sweats, as well as many of the symptoms unrelated to menstruation discussed above. *Cimicifuga*, a perennial native woodland plant, includes several commonly known species that are used medicinally and/or ornamentally (e.g., *C. simplex*, *C. dahurica*, *C. foetida*, *C. japonica*, *C. acerina*, and *C. racemosa*). Extracts or active fractions of *C. racemosa* are particularly useful in the methods of the
 10 invention.

Cimicifuga extracts and reduction of A β polypeptide levels

The invention features methods of reducing the level of an A β polypeptide in or secreted from a cell. As used herein, an A β polypeptide refers to a portion of an APP (e.g.,
 15 human APP) that is produced following cleavage by β -secretase and γ -secretase (for example, residues 671-711 (A β 40) or 671-713 (A β 42) of GenBank Accession No. D87675). An A β polypeptide can have from 39 to 43 amino acid residues (e.g., 39, 40, 41, 42 or 43 residues). Given the heterogeneity in the length of A β polypeptides, it is a further feature of the invention that an extract can reduce the level of a specific A β polypeptide (e.g., A β 40 or
 20 A β 42). The ability to distinguish a reduction in the level of, for example, A β 40 or A β 42 is significant, since A β 42 is considered to be more amyloidogenic. For example, immunocytochemical analysis has shown immunolabeling for A β 42 in all types of senile plaques, poor labeling of plaques using A β 40 end-specific antibodies, and detection of both the A β 40 and A β 42 epitopes in cerebrovascular amyloid. Moreover, analysis of familial AD
 25 (FAD)-linked mutations has shown elevations in extracellular A β accumulation, particularly A β 42. As described herein, the reduction of A β polypeptides by *Cimicifuga* extracts can be preferential for A β 42. As used herein "preferential" refers to a significant reduction of one A β polypeptide (e.g., A β 42) compared to the level of one or more different A β polypeptides (e.g., A β 40). "Significant" refers to a statistical calculation of significance in which a *p*-
 30 value of less than 0.05 (e.g., a *p*-value of less than 0.025 or less than 0.01) is obtained using

an appropriate statistical calculation, *e.g.*, a paired t-test. Therefore, a *p*-value of greater than 0.05 indicates a lack of statistical significance based on such a calculation.

Methods of the invention include contacting a cell (*in vitro* or *in vivo*) with an effective amount of a *Cimicifuga* extract or active fraction thereof and monitoring the level of A β in or secreted from the cell. An effective amount of an extract or an active fraction is an amount that reduces the level of an A β polypeptide in or secreted from a cell by at least 10% (*e.g.*, at least 20%, 25%, 30%, 40%, 50%, 60%, 70%, 80%, or 90%) or completely abolishes the level of an A β polypeptide compared to the level of the A β polypeptide in or secreted from a corresponding cell not treated with the extract or active fraction. A component in an active fraction that reduces the level of an A β polypeptide can exert an effect at any of a number of steps along the pathway of A β secretion and, in the case of AD, deposition in the brain. The level of A β polypeptide not only depends upon its production, but also on the mechanisms responsible for its removal. Without being bound by a particular mechanism, a reduction in the level of an A β polypeptide can be due to the activity of binding proteins that sequester the polypeptide, or to other cellular mechanisms such as decreased production or increased catabolism of an A β polypeptide. By way of example, catabolism of an A β polypeptide likely involves both intracellular (*e.g.*, acting at the site of A β polypeptide generation and/or within the secretory pathway) and extracellular (*e.g.*, cell-surface, secreted, endosomal and/or lysosomal) proteases. Compounds that reduce the level of one or more A β polypeptides can be useful, for example, as therapeutic compounds or to design therapeutic compounds.

Cells can be contacted *in vitro* with a *Cimicifuga* extract or active fraction thereof while in cell culture (*e.g.*, introducing an extract into culture media). Representative cells that can be used include, but are not limited to, H4 neuroglioma, M17 neuroblastoma, human kidney 293, Chinese hamster ovary (CHO), primary fibroblast, C6, primary neuronal, primary mixed brain, Daoy, SK-N-SH, SK-N-AS and SK-N-FI-cells. Cells suitable for primary screening can be obtained from the American Type Culture Collection (ATCC) (10801 University Blvd., Manassas, VA 20110). In addition, such cells can be transgenic cells carrying a construct containing a nucleic acid encoding APP or any portion of APP containing an A β fragment. For example, H4 β APP695wt cells are H4 cells carrying a human wild-type 695-amino acid APP isoform. Isoforms of APP that are produced by alternate

mRNA splicing include the aforementioned APP695 as well as APP751 and APP770. In addition, cells can express human APP carrying a mutation that, for example, changes a lysine-methionine at amino acid residues 670 and 671 to an asparagine-leucine (*i.e.*, the Swedish mutation) or one that changes a valine to an isoleucine at amino acid residue 717.

5 A *Cimicifuga* extract or active fraction therefrom also can be administered to a mammal such as a human or a rodent to reduce the level of A β . For example, a *Cimicifuga* extract can be administered to an individual over the age of 60, or to an individual diagnosed with AD or that is at risk for developing AD (*e.g.*, based upon familial history or the presence of a mutation associated with AD). A *Cimicifuga* extract also can be administered to a
10 rodent such as a guinea pig or a mouse, and in particular, to an animal model of AD. Animal models of AD are available that accumulate A β and that develop plaques in an age-dependent manner. In particular, transgenic mice are available that carry a mutation in a presenilin gene and/or express an APP carrying a mutation (for example, a Swedish mutation). A representative mouse carrying a Swedish mutation is Tg2576 (Holcomb et al.,
15 1998, *Nat. Med.*, 4:97-100). The Tg2576 mouse accumulates A β polypeptides and develops plaques in an age-dependent manner. A *Cimicifuga* extract or active fraction thereof can be administered to a mammal by any route, including orally, intravenously, intracranially, intracerebrally, subcutaneously, intramuscularly, intranasally or intraperitoneally.

Since a reduction in the level of an A β polypeptide *in vitro* or *in vivo* can be a direct
20 result of a decrease in cell viability, toxic effects of a *Cimicifuga* extract or active fraction thereof on a cell or a mammal are typically evaluated. Methods to evaluate cellular toxicity are known to those of skill in the art. For example, the degree of conversion of a tetrazolium salt (*e.g.*, MTS) into formazan is directly proportional to the number of metabolically active cells on a cell culture plate. Conversion of MTS can be measured using the CellTiter 96[®]
25 assay kit (Promega; Madison, WI). Further, the number of lysed cells is quantitatively proportional to the LDH (lactate dehydrogenase)-catalyzed conversion of tetrazolium salt to red formazan. The Cytotox 96 assay kit (Promega) can be used to examine LDH release.

To address issues of toxicity *in vivo*, standard haematoxylin/eosin (H/E) staining can be performed on the liver, kidney, spleen, and brain of an animal (*e.g.*, a rodent such as an
30 animal model of AD) to look for any abnormalities apparent between the extract-treated and control groups. In addition, serum levels of blood urea nitrogen (BUN), aspartate amino

transaminase (AST-SGOT), and alkaline phosphatase (ALP) can be monitored in an animal to evaluate renal function, liver damage, and drug-induced biliary obstructions.

Methods of detecting A β polypeptides

5 Methods for detecting A β in cell culture or in a biological sample from an individual (e.g., plasma or cerebrospinal fluid) are known to those of skill in the art. High throughput screens have been developed to examine the level of A β 40 or A β 42 in medium conditioned by a cell line over time. A highly specific sandwich ELISA is described herein using a BAN-50 antibody, which specifically captures A β at the N-terminus, and then either a BA-27
10 antibody, which detects only full-length A β polypeptides ending at position 40, or a BC-05 antibody, which detects only full-length A β polypeptides ending at position 42 (Suzuki et al., 1994, *Science*, 264:1336-40; Asami-Odaka et al., 1995, *Biochem.*, 34:10272-8).

Suitable antibodies that detect an epitope within A β (or within the A β portion of APP) are also commercially available from a variety of sources, including, but not limited to,
15 Biosource International (Camarillo, CA), Senetek PLC (London, England), Zymed Laboratories (San Francisco, CA), Peninsula Laboratories (San Carlos, CA) and Boehringer Mannheim (Indianapolis, IN). Several of the commercial sources listed herein also provide antibodies with specific binding affinity for either A β 40 or A β 42. In addition, BNT-77 is an antibody that captures rodent A β (Asami-Odaka et al., 1995, *Biochem.*, 34:10272-8) that can
20 be used in conjunction with the BA-27 or BC-05 antibodies described above.

In addition to the specific sandwich ELISA described herein, other types of solid phase immunoassays as well as immunoassay formats such as Western blots or immunoprecipitations may be used to detect A β and are well known in the art. See, *Short Protocols in Molecular Biology*, Ch. 11, John Wiley & Sons, Ed., Ausubel et al., 1992.
25 Solid-phase immunoassays include competition immunoassays, immobilized-antigen immunoassays, immobilized-antibody immunoassays, and double-antibody immunoassays. For example, a typical double-antibody immunoassay to detect A β can include the following steps: attaching an antibody with binding affinity for A β to a solid support; exposing the antibody to unlabeled A β polypeptide; washing to remove unbound A β ; and quantitating the
30 amount of A β bound to the immobilized antibody using an excess of a second antibody. The

second antibody can have binding affinity for A β and can be radiolabeled or conjugated to a chemical or enzyme for detection following addition of an appropriate substrate.

Western blotting to detect A β typically includes the steps of electrophoretically separating peptides in or secreted from a cell; transferring the peptides from the separation medium (*e.g.*, a gel) to a solid support (*e.g.*, nitrocellulose, nylon); and probing with antibodies with binding affinity for A β . Probing can be direct (*e.g.*, a labeled primary antibody) or indirect (*e.g.*, an unlabeled antibody specific for A β , which is subsequently detected with a labeled secondary antibody or immunological reagent, for example, protein A or anti-immunoglobulin).

A β immunoprecipitation methods generally include the following steps: radiolabeling cells expressing A β ; lysing the cells; forming specific immune complexes between A β and an antibody with binding affinity for A β ; collecting and purifying the immune complexes; and analyzing the radiolabeled A β in the immunoprecipitate. Immunoprecipitation is often used to detect and quantitate target antigens in complex mixtures of proteins.

Immunoprecipitation can be used to analyze unlabeled proteins from unlabeled cells, provided sufficiently sensitive methods are available to detect the target protein after it has been dissociated from the antibody.

A detectable label, *e.g.*, a radioactive label (*e.g.*, ^3H , ^{125}I , ^{131}I , ^{32}P , ^{35}S , and ^{14}C) or a non-radioactive label (*e.g.*, a fluorescent label, a chemiluminescent label, a paramagnetic label, or an enzyme label) may be attached to an antibody or a fragment thereof using techniques known to those of ordinary skill in the art. Examples of enzyme labels used routinely in the art for detection and quantitation include horseradish peroxidase (HRP) and alkaline phosphatase (AP). The substrates available for either HRP or AP labels are known in the art and can be selected based upon the desired method of detecting complex formation (*e.g.*, a fluorogenic, chemiluminescent or colorimetric signal).

A β that has been detected by any of the methods described herein or other methods known to those of skill in the art can be visualized or quantitated using methods routine in the art, including autoradiography of a radioactive label (*e.g.*, x-ray film, phosphorimaging, or densitometric analysis) and spectrophotometry of a fluorescent label or of a colorimetric reaction produced by, for example, an enzymatic label. In addition, a non-A β polypeptide

also can be detected and quantitated using methods similar to those described herein for A β (e.g., for normalization purposes).

In addition, mass spectrometry (MS) can be used to detect and quantitate A β polypeptides. Several types of MS are available and routinely used in the art, and include
 5 Fourier-transform MS, Ion-trap MS, Magnetic-sector MS, Quadropole MS and Time-of-flight (TOF) MS. By way of example, Ciphergen (Fremont, CA) sells a biochip system for capturing A β polypeptides from culture medium or a biological sample and utilizes SELDI technology (Surface-Enhanced Laser Desorption/Ionization) with TOF-MS to detect and quantitate the level of A β polypeptides.

10 Neuritic plaques in the brain of an individual with AD can be detected and/or monitored *in vivo* using an A β polypeptide covalently modified with a polyamine (e.g., putrescine, spermidine, or spermine) (Wengenack et al., 2000, *Nat Biotechnol.*, 18:868-72). A radiolabeled polyamine-modified A β polypeptide can be administered to an individual intravenously and detected using standard methods. For example, a radiolabel suitable for
 15 diagnostic imaging can be used (e.g., ^{123}I) and detected using single photon emission computed tomography (SPECT).

Producing Cimicifuga extracts and active fractions thereof

Extraction is a process whereby the desired constituents of a plant or plant part are
 20 removed using a solvent or other means. Generally, an extract of *Cimicifuga* is obtained from the root or rhizome of the plant, although leaves, stems and flowers also can be used. The *Cimicifuga* extract or active fraction can be from *C. racemosa*. To produce an extract, plant material is usually first cleaned and dried if necessary. Drying can be done naturally (e.g., by air drying) or artificially (e.g., using warm-air fans or conveyor dryers). The plant
 25 material then can be ground, cut, or shredded using, for example, hammer action, pressure, friction or impact cutting. Methods of removing the desired constituents from the plant material include, but are not limited to, organic solvent extraction, supercritical gas extraction, and steam distillation. By way of example, there are a number of procedures for organic solvent extraction, including maceration (soaking and agitating the plant material
 30 with a solvent), percolation (repeated rinsing of the plant material with a solvent), and countercurrent extraction (continuous flow of a solvent in the opposite direction as the plant

material). Representative solvents include, but are not limited to, ethanol, benzene, toluene and ether. Aqueous extracts, such as decoctions (boiling the plant material, generally used for hard tissues), infusions (steeping the plant material, generally used for soft tissues) or macerations, can also be produced, although microbial contamination can be a concern with aqueous extraction methods. As used herein in the methods of the invention, a *C. racemosa* extract can be an ethanolic extract or an aqueous extract, depending upon the solubility of an active component that reduces the level of an A β polypeptide. Extracts of *Cimicifuga* are commercially available, and include Remifemin[®] (SmithKline Beecham, Research Triangle Park, NC), and Black Cohosh (Viable Herbal Solutions, Morrisville, PA; or Whole Health Discount Center, <http://www.WholeHealthDiscountCenter.com>).

Methods of producing active fractions (*i.e.*, containing one or more active components) from a *Cimicifuga* extract are provided by the invention. Active components of a *Cimicifuga* extract or active fraction can include, but are not limited to, polyphenols, flavonoids, aromatic acids, metabolites, alkaloids, proteins, carbohydrates, starches, steroids, resins, elements or combinations thereof (*e.g.*, glycoproteins) that, alone or in combination with other components, can reduce the level of an A β polypeptide. For example, fractionating by traditional solvent extraction employs partitioning of a solute between two immiscible phases, typically an organic phase (*e.g.*, *n*-hexane, methylene dichloride, ethyl acetate or *n*-butanol) and an aqueous phase. Rapid extraction kinetics and the ability to utilize a number of different diluents, extractants, and aqueous phases makes solvent extraction a powerful separation method. In addition, numerous other separation procedures can be employed to further purify desired components or remove unwanted or contaminating components, including decanting, filtration, sedimentation, centrifugation, heating, adsorption, precipitation, chromatography, or ion exchange. The resulting active fraction can be subsequently concentrated by evaporation, vaporization, lyophilization or vacuum drying. Although the invention exemplifies fractionating using organic solvent partitioning, those of skill in the art are aware of the advantages of using certain separation techniques in combination with others to increasingly partition one or more active components into active fractions.

One method of the invention includes obtaining an extract of *Cimicifuga* plant material and size-fractionating the extract, *e.g.*, through a filter. The flow-through represents

an active fraction. Using this or a similar method of fractionating a *Cimicifuga* extract, an active component within the active fraction can pass through a 10 kilodalton (kD) nominal molecular weight filter or concentrator.

Another method of producing an active fraction of a *Cimicifuga* extract includes obtaining an extract of *Cimicifuga* plant material, and extracting the extract with hexane (e.g., *n*-hexane). The hexane-insoluble fraction can be used to reduce the level of an A β polypeptide following contact with a cell or can be further fractionated. For example, the hexane-insoluble fraction can be extracted with a dichloroalkane (e.g., methylene dichloride or dichloroethane). As described herein, the dichloroalkane-soluble fraction is able to reduce levels of A β . An active component within the dichloroalkane-soluble fraction can be further partitioned by extracting with an alkylacetate (e.g., ethyl acetate or methyl acetate) and obtaining an alkylacetate-soluble fraction. An active component within the alkylacetate-soluble fraction can be further partitioned by extracting with an alcohol solvent (e.g., *n*-butanol or 1-pentanol) and obtaining the alcohol-soluble fraction. Those of skill in the art are aware of additional steps during fractionating that can facilitate sample handling (e.g., concentrating an active fraction).

Given the high throughput cell based assays described herein, hundreds or thousands of fractions or combinations of fractions can be rapidly screened to identify those containing one or more active components or to identify fractions that, when combined, confer activity. An animal such as the Tg2576 mouse or a transgenic mouse carrying a Swedish mutation and a mutation in a presenilin sequence also can be used to evaluate the level of A β (e.g., in plasma or homogenized brain using, for example, the sandwich ELISA described herein), plaque burden (e.g., in brain tissue using, for example, immunocytochemical analysis), behavior/memory (e.g., using a Morris water maze to evaluate spatial reference memory), or other neurological markers such as differences in astroglia, dystrophic neuritis, microglia and the state of tau phosphorylation (e.g., by immunocytochemical analysis of brain tissue) following administration of a *Cimicifuga* extract or active fraction.

An active component from a *Cimicifuga* extract or active fraction that is able to reduce A β levels can be soluble in methylene dichloride, ethyl acetate and *n*-butanol, generally indicating a lipophilic active component. Lipophilic compounds are those that prefer a nonpolar environment to an aqueous one. Compounds from *C. racemosa* extract

have been identified previously using methods such as those described herein, and include a phytoestrogen capable of binding estrogen receptors, and cimicifugin and macrotin resins, which effect, among others, the reproductive and nervous systems. Also identified from *Cimicifuga* extracts are triterpene glycosides, including cimicifugoside, which is believed to affect the hypothalamus-pituitary system and the reproductive and nervous systems, actein, a steroidal derivative that lowers blood pressure in animals, 27-deoxyactein, and racemoside. An isoflavone called formonenetin has been identified as binding to estrogen receptors in the rat uterus. Aromatic acids, including ferulic acid and isoferulic acid are believed responsible for the extract's anti-inflammatory effects.

Compositions and Articles of Manufacture

The invention further features a composition containing an active fraction of a *Cimicifuga* extract. A composition containing an active fraction of a *Cimicifuga* extract can be in any form provided the composition can be placed in contact with a cell in an amount and for a length of time effective to reduce the level of an A β polypeptide.

Compositions of the invention may be administered on a continuous or an intermittent basis. By way of example, a composition within the scope of the invention can be in the form of a liquid, solution, suspension, pill, capsule, tablet, gelcap, powder, gel, ointment, cream, nebulae, mist, atomized vapor, or aerosol. For the purpose of this invention, routes of administration include, but are not limited to, oral, nasal, intravenous, intramuscular, intraperitoneal, subcutaneous, intrathecal, intradermal, or topical. The route of administration can depend on a variety of factors, such as the environment in which cells are contacted and therapeutic goals. The dosages of a particular composition will depend on many factors, including the mode of administration and the cells being treated. Typically, the amount of an active fraction contained within a single dose of a composition will be an amount that effectively reduces the level of an A β polypeptide without inducing significant toxicity.

In addition, compositions within the scope of the invention can contain a pharmaceutically acceptable carrier for *in vivo* administration to a mammal, including, without limitation, sterile aqueous or non-aqueous solutions, suspensions, and emulsions. Examples of non-aqueous solvents include, without limitation, propylene glycol,

polyethylene glycol, vegetable oils, and injectable organic esters. Aqueous carriers include water, alcohol, saline, and buffered solutions. Pharmaceutically acceptable carriers can also include physiologically acceptable aqueous vehicles (e.g., physiological saline or artificial cerebral-spinal fluid) or other known carriers appropriate to specific routes of administration.

5 Additional compounds can be included in a composition, such as steroids, mucolytic agents, anti-inflammatory agents, immunosuppressants, dilators, vasoconstrictors, or combinations thereof. Preservatives, flavorings, and other additives such as, for example, anti-microbials, anti-oxidants, chelating agents, inert gases, and the like may also be present in a composition.

For oral administration, tablets or capsules can be prepared by conventional means

10 with pharmaceutically acceptable excipients such as binding agents, fillers, lubricants, disintegrants, or wetting agents. The tablets can be coated by methods known in the art. Liquid preparations for oral administration can take the form of, for example, solutions, syrups or suspension, or can be presented as a dry product for constitution with saline or other suitable liquid vehicle before use. Liquid preparations also can contain

15 pharmaceutically acceptable additives such as suspending agents, emulsifying agents, non-aqueous vehicles, preservatives, buffer salts, flavoring, coloring and sweetening agents as appropriate. Preparations for oral administration can be suitably formulated to give controlled release of the compound.

The invention further provides for an article of manufacture that includes a

20 composition containing an active fraction of a *Cimicifuga* extract, and packaging material. The packaging material in or on an article of manufacture indicates that the composition therein is effective for reducing the level of an A β polypeptide. Components and methods for producing articles of manufactures are well known in the art. Instructions, for example on a label or package insert, describing a particular dose of the composition to be

25 administered may be included in such kits. Different kits may be manufactured that contain a composition in different forms (e.g., a pill or a liquid) or that contain a dose of a composition appropriate to reduce the level of an A β polypeptide in, for example, an adult female subject or in an adult male subject (based upon an average weight). Instructions can further include a table or chart for adjusting a particular dose of a composition for a subject that deviates

30 from average.

The invention will be further described in the following examples, which do not limit the scope of the invention described in the claims.

EXAMPLES

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Example 1—Primary screens to identify *Cimicifuga* extracts or active fractions thereof that reduce the level of an A β polypeptide *in vitro*

Primary screens with cell cultures used a *Cimicifuga* ethanolic extract (obtained from Nature's Answer (www.naturesanswer.com) or Nature's Apothecary (Louisville, CO)).
 10 Nature's Answer provided ethanolic *Cimicifuga* extracts at 10-14% or 15-20%, while the *Cimicifuga* extract provided by Nature's Apothecary was at 55% ethanol. An appropriate dilution of each extract at a final concentration of 0.005%, 0.05% or 0.5% was placed into culture medium in a 96-well low binding microtiter library plate at the appropriate dilution. Vehicle controls, and 30 mM acetamidophenol were included in separate wells on each
 15 library plate to determine any vehicle-induced alterations in the level of A β , and for toxicity assessment, respectively (acetaminophen has been shown to be toxic to cells). The diluted *Cimicifuga* extracts and controls from the library plate were then directly placed onto confluent H4 β APP695wt cells in a 96-well cell culture plate by multi-channel pipette. Following incubation for 12 hrs, the medium was removed by multi-channel pipette and
 20 aliquots immediately placed directly on 96-well sandwich ELISA plates for the measurement of A β 40 or A β 42 and on a 96-well LDH assay plate. The cells were then washed and subjected to a 96-well MTS assay.

In particular, the sandwich ELISA used herein was performed as follows: 96-well microtiter plates were coated overnight at 4°C with 100 μ l of a 5 μ g/ml dilution of primary
 25 antibody in sodium carbonate coating buffer (SCCB; 0.1 M Na₂CO₃, pH 9.6). Plates were blocked overnight at 4°C with 300 μ l of Block Ace Solution (PBS + 1.0% Block Ace (Snow Brand Milk Products, Japan), 0.05% NaN₃, pH 7.4). Samples for analysis and synthetic A β standards (Bachem, Switzerland) were diluted in buffer EC (0.02 M NaH₂PO₄, 0.002 M EDTA, 0.4 M NaCl, 0.2% BSA, 0.05% CHAPS, 0.04% Block Ace, 0.05% NaN₃, pH 7.0)
 30 and allowed to incubate on the plates overnight at 4°C. Plates were washed twice with PBS (8 mM Na₂HPO₄, 1.5 mM KH₂PO₄, 139 mM NaCl, 2.7 mM KCl, pH 7.4) and 100 μ l of

secondary antibody directly coupled to HRP (Pierce EZ-link Plus Activated Peroxidase kit, according to manufacturers directions; Pierce Chemical Co., Rockford, IL) was allowed to bind either 4 hrs at room temperature or overnight at 4°C. Plates were then washed twice with PBS containing 0.05% Tween 20 followed by two additional washes in PBS. Detection was performed using the TMB (3,3',5,5'-tetramethyl-benzidine) as an HRP substrate according to the manufacturer's specifications (Kirkegaard & Perry Laboratories (KPL), Gaithersburg, MD) and the reaction stopped by the addition of 100 µl of 1N H₃PO₄. Plates were read at 450 nm in a SpectraMax Plus spectrophotometer (Molecular Devices; Sunnyvale, CA) and analyzed by SOFTmax[®] PRO software. Aβ40 or Aβ42 were quantitated by comparison with the values obtained for each synthetic Aβ standard from the same plate.

Example 2—Dose response analysis of *C. racemosa* extract on the level of Aβ40 and Aβ42 polypeptides

A statistically significant reduction in the level of Aβ42 was observed at all concentrations and with either *C. racemosa* extract examined. The specific effect on Aβ42 plateaued at approximately 50% inhibition. At concentrations greater than 0.15%, the level of Aβ40 also began to decrease in the presence of *C. racemosa* extract. The reduction in Aβ40 observed at the higher doses might be due to the presence of one or more other components within the extract that reduce either total Aβ or specifically Aβ40, or to overlapping effects on Aβ40 and Aβ42 by the same component.

Example 3—*C. racemosa* extract does not significantly affect the accumulation of APP, carboxyl terminal fragment α (CTFα), CTFβ, or sAPPα

APP, CTFβ and CTFα were analyzed in detergent-extracted cell lysates by Western blotting using an antibody directed against the last 20 amino acids of APP (provided by Dr. K. Sambamurti, Mayo Clinic, Jacksonville, FL). CTFβ is produced, along with sAPPβ, following β-secretase cleavage of APP, while CTFα and sAPPα are produced following cleavage of APP by α-secretase. sAPPα was detected in conditioned medium using the BAN-50 antibody against Aβ residues 1-16. The *C. racemosa* extract did not have a significant effect on the steady state levels of APP, CTFα, CTFβ, or sAPPα. Therefore, the

effect of *C. racemosa* extract on A β 42 was specific with respect to effects on APP processing.

Example 4—Multiple lots of *C. racemosa* extract from different vendors show specific reductions in A β 42

To examine the uniformity of *C. racemosa* extract preparations, the variance between manufacturers' extracts was examined. H4 β APP695wt cells were treated with *C. racemosa* ethanolic extracts obtained from 2 separate manufacturers (Nature's Answer, 10-14% or 15-20% ethanol; or Nature's Apothecary, 55% ethanol). Cells were treated with a final concentration of 0.1% of *C. racemosa* extract. *C. racemosa* extracts from each manufacturer showed a similar reduction in A β 42.

Example 5—Secondary screens using Tg2576 mice to identify extracts or active fractions thereof that reduce the level of an A β polypeptides *in vivo*

First, a dealcoholized extract or active fractions thereof are administered to young, aged matched, 4 week-old female Tg2576 mice. The effect of administration of an appropriate vehicle is used for control animals. Following a single administration of the test extract by gavage, the mice are sacrificed at defined time intervals and the brains analyzed for A β . 4 week-old mice are chosen so that A β is analyzed in the absence of any detectable deposition. 24 mice are assigned to a working dose group and the same number to a maximal dose group. For the working dose group, the dose of the extract given to the mice is equal to the body weight adjusted maximum dose reported for use in humans. For the maximal dose group, 250 μ l is administered (*i.e.*, the maximum volume that can be safely administered by gavage to mice of this age). 6 mice are sacrificed at each of 6, 12, 24 and 48 hrs post-administration. Plasma is obtained by conventional means from a terminal bleed and the brain is extracted and flash-frozen for analysis using the sandwich ELISA described herein. A significant reduction in A β 42 is observed in the treated group when compared to the controls ($p < 0.05$, Mann-Whitney).

Second, the extract or active fractions are administered for 2 wks to 4 week-old mice using the working dose and maximal dose as described above. 6 mice are treated per dose.

As drug concentration approximates steady state in 4 half lives, this time course allows for steady state analysis of active components with half lives up to 3-4 days.

Third, mice are started dosing at 4 mo of age (prior to detectable deposition of A β) and are dosed for 10 mo until they reach 14 mo of age. This age is selected for sacrifice since it is one of the earliest periods where pathology is apparent and behavioral differences have been reported. 15 mice are assigned to each testing group. Controls animals receive vehicle alone. Mice are evaluated during the 10 mo period for behavioral changes and at the conclusion of the experiment, they are sacrificed to determine the extent of plaque formation, A β accumulation, and other neuropathology apparent in the Tg2576 mouse. One half of the brain is processed for A β quantitation by ELISA and one half is prepared for immunohistochemical analysis. *C. racemosa* extract treatment results in a significant reduction in A β 42 in the older group of animals ($p < 0.05$, Mann-Whitney).

The presence of abundant senile plaques throughout the hippocampus and neocortex is a pathological hallmark of Alzheimer's disease. A blinded immunohistochemical analysis is performed on both the control and drug-treated mice from the latter group to determine the effect of *C. racemosa* extract on senile plaque accumulation. *C. racemosa* extract treatment results in a significant reduction in the number of plaques as assessed using antibodies specific to A β . In adjacent sections, the majority of the immunoreactive plaques are also positive by thioflavin-S fluorescent microscopy. The total area occupied by these plaques is determined by image analysis of immunostained sections. A reduction in the area is observed in the drug-treated mice.

Example 6—Active fractions of a *C. racemosa* extract

To assess the solubility and determine the molecular size of the active component in *C. racemosa* extract, a centrifugation and size exclusion experiment was performed. The activity of an ethanolic *C. racemosa* extract, soluble material following a 15,000 g spin, and the flow-through from a centrifugation using a filtration unit with a molecular weight cut-off of 10 kD were examined in cell cultures. These results indicated that the active component in *C. racemosa* extract was soluble and could pass through a 10 kD cut-off filter.

To examine the stability of the active component in *C. racemosa* extract, the extract was boiled for 5 min and then analyzed using the cell-based assay in a side-by-side

comparison with non-boiled extract. Analysis of the boiled vs. non-boiled extract on H4 β APP695 cells showed an essentially equivalent reduction in the level of A β , demonstrating that an active component within a *Cimicifuga* extract is heat stable.

5 Example 7—Bioassay-guided identification and isolation of an active component within *C. racemosa* extract

An ethanolic *C. racemosa* extract was spun at 15,000 g to remove particulate material. The supernatant was lyophilized and re-suspended in distilled water. This suspension was then sequentially extracted in hexane, methylene dichloride, ethylacetate and
10 *n*-butanol. The solvent extracts and the remaining water were aliquoted and rotovapped/lyophilized. An aliquot of each was resuspended in ethanol, diluted at several concentrations into H4 cell culture medium and analyzed for activity in the cell-based assays. Pure ethanol was diluted similarly as a control and the original extract diluted and analyzed in the cell-based assay to determine any substantial increase in activity. The methylene
15 dichloride-soluble fraction, the ethyl acetate-soluble fraction, and the *n*-butanol-soluble fraction all demonstrated the ability to reduce the level of A β in the cell-based assay.

The solvent extract containing activity is then subject to preparative TLC followed by HPLC or HPLC directly as appropriate. HPLC fractions are then analyzed in the cell-based assay. The fraction with the highest activity is subjected to mass spectral, IR, and NMR
20 analysis for structure identification. Additional separation steps as discussed herein can be included as necessary.

OTHER EMBODIMENTS

25 It is to be understood that while the invention has been described in conjunction with the detailed description thereof, the foregoing description is intended to illustrate and not limit the scope of the invention, which is defined by the scope of the appended claims. Other aspects, advantages, and modifications are within the scope of the following claims.